



## Motivating Factors & Action Steps

*Review your Action Steps listed below. Each day choose one or more Action Steps to move you forward on your Radiant Journey. List each step by number on the day addressed, then list your motivating factor to address this step (if you don't recognize the motivation that is ok).*

DAY ONE

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DAY TWO

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DAY THREE

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DAY FOUR

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DAY FIVE

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DAY SIX

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**My Action Steps for This Session are:**

1.

2.

3.

4.

**Other awareness for this week:**